

IOWA'S ASDA FEVER WEEK 2025

Organized Dentistry

Do you know the benefits of being a member of the ADA? Do you know how to get involved in organized dentistry after graduating from dental school? Well, us Iowans do now thanks to Dr. Sara Stuefen (the ADA's 10th District Trustee) giving us this talk. Shoutout to the Iowa Dental Association for sponsoring out Chick-Fil-A lunch!

Trivia Night

We didn't test our knowledge of useless facts for nothing, we learned useless facts to talk to our patients about while waiting for a faculty check off. We teamed up with PDS Health at a local brewery and sent the top three teams home with gift cards. This event promoted the importance of social health, even in the busiest of times.

Letters to Legislature

We didn't need to be reminded to say it with our chest after this advocacy event. IASDA's Legislative Liaisons talked to our student body about key issues concerning dental students today, prior successes from dental advocacy, and ASDA Action. Don't worry, we didn't forget lunch - we enjoyed pulled pork sandwiches from a local burger spot.

Annual Vendor Fair

If you don't plan for the future, you'll be left in the past. This event didn't just feature free food, merchandise, and hundreds of dollars in prizes, it was a chance for students to develop themselves professionally, networking with dentists on the lookout for an associate, dental suppliers, and financial advisors.

Get to Know ASDA and IASDA

Whether you're an ASDA veteran or a newbie, we broke down the differences between local, regional, and national ASDA as if we were named Mick Jagger. This was a chance to find out how to get involved while enjoying lunch from a local deli shop.

Managing Debt and Wealth

At Iowa, our motto is, "Get your money up, not your funny up." This is why we had Dr. Johnson from the ADA Success Program give us a talk on the topic of finances while we enjoyed lunch from a local pasta restaurant.

Welcome Back BBQ with Faculty

If connecting with faculty, eating free food, and pieing your friend in the face with whip cream (I can confirm the whip cream tasted good) doesn't float your boat, you might have a screw loose. No wonder this event brought over 100 faculty and students together, building organization camaraderie.

CrossFit Kilo Workout

We did our best wellness Wednesday impression on a Tuesday, don't worry, as true members of the CrossFit community, we had 11 cameras filming. Dentistry is not only hard mentally, but physically, which is why we emphasized physical activity this fever week.

Sand Volleyball Tournament

There's no better way to wrap up this action-packed Fever Week than to sink our toes in the sand. A couple people asked if we were in Cancun - I had to remind them we were just playing volleyball in Iowa City. With all the pressures we face in dentistry, spending time in friendly competition is vital to ease stress.

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Welcome Back Barbecue



ADA Success Program: Managing Debt and Wealth



Letters to Legislature



CrossFit Kilo Workout



Volleyball Tourney



Trivia Night



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