

# IASDA FEVER WEEK 2023

September 18 - 23, 2023



## **Monday (9/18) - Introduction to IASDA**

An introduction to what IASDA is, what we do within the school walls, what we do outside of the COD, and how students can get involved, with Jimmy John's provided to first 50 students and 72 in attendance.

## **Monday (9/18) Trivia Night - Joe's Place, Iowa City**

Members formed teams of 5-6 friends for some trivia, prizes & free food, with 37 students in attendance.

## **Wednesday (9/20), - Wellness Wednesday**

Our school counselor, Cari Anderson, presented on how to balance a healthy lifestyle & maintain mental/physical health while in dental school, with Panera provided to first 50 students and 65 total in attendance.

## **Wednesday (9/20) - Barre3 Studio, Iowa City**

Continuing our 'Wellness Wednesday' with a FREE class at Barre3 studio in Iowa City, with 20 students in attendance.

## **Thursday (9/21) - Membership Appreciation Breakfast**

Started Thursday off by offering free coffee & donuts for all 240 of our members.

## **Friday (9/22), - Welcome to Advocacy Friday**

Our amazing IASDA Legislative Liaisons presented on the fundamentals and importance of advocacy within our profession, with Chick-fil-A provided to first 50 students and 53 in attendance.

## **Friday (9/22) - Philanthropy Pickleball/Spikeball**

**Tournament** - Students formed teams of 2 for a friendly tournament of Pickleball or Spikeball, with proceeds of \$380 being donated to the Iowa City Free School Lunch Program and 58 students/guests participating.

## **Saturday (9/23) - IASDA Annual Prophy Cup**

Golf tournament at Finkbine Golf Course in Iowa City, beginning at 8 AM, with proceeds going to the 2011 fund to help patients pay for care that cannot afford it. \$1300 raised, with 102 students/faculty/guests playing.

