



UAGM ASDA FEVER WEEK

INAUGURAL
EDITION

2025

MOMENTUM MONDAY

Fever Week began with students being greeted with warm smiles, sweet treats, and personalized goodie bags. Inside, they discovered small gifts and special T-shirts that would later play a central role in the week's finale. We also introduced ASDA with a short presentation, highlighting its many benefits – from advocacy and leadership opportunities to wellness resources and national networking. The day's highlight was a cookie-decorating showdown that sparked laughter, friendly competition, and instant connections.

ALIGN AND UNWIND WEDNESDAY

Midweek, Align & Unwind Wednesday gave students the chance to recharge and focus on their well-being. Partnering with UAGM's Naturopathy School, students learned holistic techniques for caring for their minds, bodies, and especially their hands, an essential tool for every dental student. Wellness shots and healthy snacks reminded everyone of the importance of fueling themselves properly during the demands of school. But the highlight came after class, when students headed to the trampoline park together. It was a chance to let loose, laugh, and feel like kids again, bouncing away the stress of exams and projects. The day reinforced that caring for ourselves and making time for joy is just as important as our studies.

TAKE CHARGE TUESDAY

On Tuesday, students shifted gears with Take Charge Tuesday, focusing on advocacy and leadership in dentistry. With guest speaker Dr. Tang sharing insight on the importance of using our voices, students were inspired to see themselves not only as future clinicians but as advocates for the profession. Pizza and fellowship made the atmosphere approachable, showing students that advocacy doesn't have to feel intimidating – it can be empowering, energizing, and even fun.

SMILES IN SERVICE THURSDAY

Thursday reminded us why we chose dentistry: to serve others. During Smiles in Service, students came together to pack preventive dental kits for underserved communities in Puerto Rico. What made the event meaningful wasn't just assembling the kits, but the conversations and laughter shared along the way. Students reflected on how these small bags could spark confidence and healthier smiles for families without regular access to care. By the end, there was a shared sense of pride, not only in what we accomplished, but in the reminder that our impact as dental students extends far beyond the clinic walls.

ROOTS AND REVEALS FRIDAY

The week reached its peak with Roots & Reveal Friday, when the mystery of Monday's T-shirts was finally revealed. D2s proudly wore black shirts as the "Big Molars," while D1s donned white shirts as the "Little Premolars." The pairing created a striking visual that perfectly symbolized mentorship and growth. Some D2s even gained more than one Little, playfully earning the title of "supernumerary teeth," which brought laughter and true dental-student humor to the celebration. After the raffles, cheers, and hugs of the reveal, students carried their energy into a final social at a local brewery. With good food, salsa dancing, and karaoke, it was the perfect way to close the week – not just as classmates, but as a family celebrating all they had built together.

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