

#26

COMPLETE

Collector: Web Link 3 (Web Link)
Started: Thursday, December 19, 2024 10:03:04 PM
Last Modified: Friday, December 20, 2024 5:16:06 PM
Time Spent: 19:13:01
IP Address: 75.138.195.65

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Q1 East Carolina
Select your chapter.

Q2 District 4
Select your district

Q3
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Q6

Describe one member engagement and value event or chapter member benefit program aimed at increasing member engagement and value. This excludes the submission of multiple events that are part of a single week-long or month-long challenge e.g., the discussion of various events during a chapter's Fever Week. (250 word limit. Responses longer than 250 words will be cut.)

Two local dentists, Dr. Pabst and Dr. McGowan, kindly offered to host East Carolina University School of Dental Medicine (ECU SoDM) students for an Oyster Roast on Saturday, November 2nd at 5:30 pm. The event was held at Dr. Pabst's Greenville residence and primarily took place in the backyard. There was food, music, a fire pit, and oyster roasting stations. Everyone had a chance to learn how to roast, shuck, and eat oysters. Dentists from the North Carolina Dental Society also attended the Oyster Roast, making the event a great opportunity for ECU SoDM students to network in a casual setting. Since the event was open to all dental students, members of all four pre-doctoral classes as well as residents were able to connect on a deeper level than a typical school day. All who attended the Oyster Roast agreed that the occasion was a blast and value the opportunity to deepen relationships within our eastern North Carolina dental community.

Q7

Describe one chapter community service event that creates connections with our communities. This excludes the submission of multiple events that are part of a single week-long or month-long challenge (250 word limit. Responses longer than 250 words will be cut.)

July 13th, 2024 we hosted our 10th annual Burnisher's Ball. This event not only served as a lively social activity for all members of the school and their plus ones, but also acted as a fundraising event for our school's "Patient Care Fund". At the ball there were food and drinks, dancing, cornhole, faculty/ staff superlatives, and a king and queen for the evening. The fundraising committee for the ball worked hard to gather experiences and items to auction off at the evening's silent auction. Examples they were able to get include, but are not limited to, oral health appliances from Oral B, rounds of golf at local courses, self care baskets, stained glass art made by a staff member at the undergrad campus, and a group pizza night at a faculty member's home. The silent auction alone raised \$1,435. Additionally, the committee reached out to and received donations from families that have a connection with the school, local health and dental organizations, and faculty members. Through them they were able to get \$6,700. In total \$8,135 was raised and donated to our "Patient Care Fund", which is a record breaking amount for Burnisher's Ball. This will have a direct positive impact on our community members that need oral health care and cannot afford it due to their financial status, lack of insurance, and usage of Medicaid. As a school we will be able to provide no-cost oral health care for our patients.

Q8

Describe one chapter advocacy event that educates and involves members in ASDA's advocacy and legislative priorities. This excludes the submission of multiple events that are part of a single week-long or month-long challenge (250 word limit. Responses longer than 250 words will be cut.)

Dr. Timothy Reeder is an Emergency Care Physician at East Carolina University Health and a Representative in the North Carolina General Assembly. On July 30th, 2024 he visited the dental school for a "Lunch and Learn" discussion centered around advocacy in healthcare professions. His experience as a state legislator provided valuable insight into the current state of dental legislation and how we as students can play a critical role in advocating for the dental profession. He has been a part of bills including the "Hand Hygiene Pilot Program" and "First Responders Mental Health". It was interesting to learn how much of a direct impact he has on improving the healthcare profession via this government position. The discussion left many students with a new perspective on our role in the field of dentistry and informed about the importance of advocacy. We hope to continue to foster relationships with our legislators and be involved in advocating for our profession.

Q9

Describe one chapter wellness event that educates members and involves members in ASDA's Five Dimensions of Wellness. This excludes the submission of multiple events that are part of a single week-long or month-long challenge (250 word limit. Responses longer than 250 words will be cut.)

Brooklyn Schlarb, our chapter's ASDA Wellness Chair, applied for and earned the ASDA Chapter Wellness Grant 2023. The funding went toward creating an inviting aromatherapy garden outside of the school building, involving many of ECU's departments to complete. On June 19th, 2024 we hosted a "Garden Party" to celebrate the official opening of the garden beds. This activity directly involved environmental wellness as it encouraged connecting with nature through digging in the soil and planting different greenery. Emotionally this event positively influenced participants as it was a pleasant, sunny day and we could smell some delightful and calming herbs, such as lavender, sage, and mint. There were lawn games like badminton, ladder ball/toss, and footballs and soccer ball passing. This provided an outlet for physical wellness. Faculty, staff, students, and their families mingled during the event. Having this laid back environment to be able to chat with each other created a stronger sense of community and occupational wellness. During the event people were intellectually stimulated because they learned more about the skill and hobby of gardening. We planted French Lavender (*Lavandula dentata*), Sage 'Purple' (*Salvia officinalis*), Lavender (*Lavandula*), Rosemary 'Prostrate' (*Salvia rosmarinus*), Creeping Thyme (*Thyme serpyllum*), Mint 'Mojito' (*Mentha x vilosa*), Mint 'Peppermint' (*Mentha x piperita*), and Mint 'Spearmint' (*Mentha spicata*). The positive impacts of this garden lasted longer than just this event, during our breaks students can be seen smelling and admiring the foliage in our garden beds.

Q10

Describe one chapter event that develops professional and leadership skills of chapter members. (250 word limit. Responses longer than 250 words will be cut.)

This fall semester on September 19th, 2024 the East Carolina University ASDA chapter hosted our annual North Carolina Dental Society (NCDS) Dinner Panel. The NCDS provided dinner and desserts from Olive Garden. There was pasta, salad, breadsticks, cheesecake slices, and other pastries. Several local North Carolina dentists served on the panel and spoke about their experiences during and after dental school. It was a great opportunity to learn more about pros and cons of residency programs. One dentist even talked about her time in a unique residency where she worked with special needs patients in a hospital setting. The purpose of this "Ask Us Anything" panel was to provide a safe space for dental students to ask questions they were reluctant to ask professors or wanted an unbiased opinion on. A takeaway from the panel many thought was helpful was learning that students get discounts on dental courses, so they should take advantage of those if possible. The dentists also talked about how to manage an office, including how to hire people and build them up through teamwork and communication. This event went on for two hours and every moment helped dental students learn more about the profession they've chosen to dedicate themselves to.

Q11

Describe one chapter communication (such as an enewsletter, the chapter website, or chapter social media campaign) that keeps members informed about ASDA. (250 word limit. Responses longer than 250 words will be cut.)

Our ASDA Chapter wrote a magazine called "First Impressions". The edition seen in the video is from last spring and it was released on May 29th, 2024. Included in the magazine were sections on ASDA events past and upcoming. There were also featured articles that authors had creative freedom over as long as they fell within the scope of dentistry. Some fun aspects of the magazine included a game, wellness toolbox, style column, "bite block" for recipes, and a travel guide. Additionally, there were several different highlights that we did throughout the magazine. These included a community service report, school club shout-out, Community Service Learning Center update, and faculty, resident, and D1-D4 student spotlights. Students are the editors and writers for the magazine. There were two chief editors and 17 members of the editorial board. Some entertaining and interesting articles from this edition were an interview segment with our Dean Chadwick, a "Which Tooth Are You?" personality quiz, an interview panel with some of our international faculty, and an informational article on digital dentistry. To encourage people to read the magazine a prize was offered to the first person that sent the chief editors the answer to the magazine game. This edition's game was a crossword puzzle made up of professor's last names and the hints were phrases each commonly says. The theme for this magazine was Y2K, so it had a lot of bright colors and mimicked teen magazines of the 2000's.

Q12

Respondent skipped this question

Upload the communication piece your chapter described in the communications category as a PDF or link below.

Q13

Add your communication piece link below.

<https://anyflip.com/ndwdd/rrpu/>

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Q14

Submit your chapter's YouTube video link.

<https://www.youtube.com/watch?v=gqk-t0mamuA>

Q15

Submit your chapter's Google Drive or DropBox video link.

https://drive.google.com/file/d/1Ji5shMqQsF4AOu4aryXp89YT_4ADXYM/-view?usp=share_link
