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Q1

Select your chapter.

**University of North Carolina Chapel Hill School of
Dentistry, Chapel Hill, NC**

Q2

Select your district

District 4

Q3

Your Name

Lillie Catherine Hyman

Q4

Chapter Position

Vice President

Q5

Your Email

lchyman@unc.edu

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Q6

Describe one member engagement and value event or chapter member benefit program aimed at increasing member engagement and value. *This excludes the submission of multiple events that are part of a single week-long or month-long challenge e.g., the discussion of various events during a chapter's Fever Week. (250 word limit. Responses longer than 250 words will be cut.)

Dent Ball, one of ASDA's largest annual events, serves as a prime example of our UNC ASDA member engagement. Our own version of Prom, requires months of intentional planning and collaboration, with committee members actively contributing behind the scenes to design an experience that reflects student interests and promotes connection. This year's Dent Ball was hosted at one of Chapel Hill's most iconic and historic venues, the Carolina Inn, providing an inviting and celebratory setting for attendees. The evening featured a DJ, dancing, complimentary food, a photobooth, and other interactive elements that encouraged meaningful social interaction among students. Dent Ball consistently sells out within minutes, demonstrating strong engagement and enthusiasm across all four classes. This high level of participation highlights the event's role in bringing together students at every stage of their dental education. From D1 students seeking to become more involved in the dental school community to D4 students celebrating one final time with their classmates, Dent Ball offers an inclusive experience that resonates with members at all levels. By fostering connection, collaboration, and shared celebration, the event strengthens relationships among peers and reinforces ASDA's commitment to enhancing the student experience. Dent Ball ultimately exemplifies how intentional programming can promote active involvement, build community, and create lasting memories for our ASDA Members.

Q7

Describe one chapter community service event that creates connections with our communities. *This excludes the submission of multiple events that are part of a single week-long or month-long challenge (250 word limit. Responses longer than 250 words will be cut.)

This year, UNC ASDA started Bingo Night at the SECU Family House. The SECU Family House is a supportive home that provides patients with serious illnesses and their loved ones a place to stay while receiving care at UNC Hospitals. This event was designed to uplift members of the SECU community and provide families with an opportunity to laugh, connect, and briefly recharge emotionally during what can be challenging times with loved ones in the hospital. ASDA volunteers dedicated their time to announcing numbers, facilitating games, and enthusiastically celebrating every "BINGO!" Families bonded through friendly competition, cheering one another on and momentarily stepping away from the stresses of medical treatment. Beyond the game itself, volunteers spent time sitting with guests, listening to their stories, and offering comfort, compassion, and a genuine sense of presence. Together, these interactions helped create an evening marked by laughter, meaningful connection, and heartfelt support.

Q8

Describe one chapter advocacy event that educates and involves members in ASDA's advocacy and legislative priorities. *This excludes the submission of multiple events that are part of a single week-long or month-long challenge (250 word limit. Responses longer than 250 words will be cut.)

This year, UNC ASDA hosted more than 35 Lunch and Learn sessions featuring guest speakers from across the field of dentistry, as well as a variety of other professions. One session welcomed Ben Popkin, an attorney and public health advocate actively involved in shaping oral health and health policy in North Carolina. He was joined by Dr. Zachary Brian, who is nationally recognized for his work at the intersection of public health and policy and for advancing health equity for underrepresented and marginalized populations. Together, they discussed the importance of advocacy for dental students and future dentists, highlighting concrete steps students can take to become involved, current oral health advocacy issues in need of attention, and personal experiences with impactful projects that have influenced state policy. The session provided valuable insights and practical guidance, inspiring members to engage more deeply in advocacy efforts. UNC ASDA looks forward to continuing to offer opportunities that foster understanding, involvement, and leadership in oral health advocacy.

Q9

Describe one chapter wellness event that educates members and involves members in ASDA's Five Dimensions of Wellness. *This excludes the submission of multiple events that are part of a single week-long or month-long challenge (250 word limit. Responses longer than 250 words will be cut.)

UNC ASDA is committed to supporting student well-being through programming that reflects ASDA's Five Dimensions of Wellness, and this year's Puppies and Paint event served as a standout example of that commitment. Recognizing the mental, emotional, and physical demands of dental school, UNC ASDA designed this event to give students a meaningful opportunity to step away from their academic responsibilities, recharge, and reconnect with one another in a joyful environment. In collaboration with Saving Grace Rescue, a North Carolina-based adoption agency, nearly a dozen puppies were brought to campus, immediately creating a calming and uplifting atmosphere. Interacting with the puppies supported students' emotional and physical wellness by reducing stress and encouraging relaxation, while the social nature of the event fostered connection and community among classmates. Painting activities further promoted creative expression and mindfulness, allowing students to engage intellectually in a low-pressure setting. The event was met with overwhelming enthusiasm, and its impact extended beyond the evening itself with several students who were so inspired that they chose to foster dogs and pursue adoption. Through Puppies and Paint, UNC ASDA successfully created an experience that addressed multiple dimensions of wellness simultaneously, reinforcing the organization's commitment to supporting students as whole individuals throughout their dental education.

Q10

Describe one chapter event that develops professional and leadership skills of chapter members. (250 word limit. Responses longer than 250 words will be cut.)

Although students at the UNC Adams School of Dentistry gain a strong foundation of clinical and professional skills through coursework, some of the most impactful learning comes from those who have already walked the path before us. In collaboration with the North Carolina Dental Society, UNC ASDA hosted an "Ask Me Anything" dinner and panel featuring alumni dentists with a wide range of experiences and career paths. The panel included associate dentists, single- and multi-practice owners, recent graduates, and seasoned professionals who have been in practice for many years. Not to mention, all alumni who once sat in the same classrooms as our current students. The diversity of perspectives allowed students to ask candid questions about life after graduation, including continuing education, residency options, business ownership, work-life balance, and navigating the early years of practice. While the event was initially expected to draw mostly D3s and D4s, we were excited to see strong attendance from D1s and D2s as well, demonstrating early interest in career planning. The turnout was so high that we filled an entire lecture hall after school hours, highlighting the value students placed on this opportunity. Students left not only well-fed but also encouraged and more confident in their future paths, and the evening concluded with a raffle as a small thank-you to those who attended.

Q11

Describe one chapter communication (such as an enewsletter, the chapter website, or chapter social media campaign) that keeps members informed about ASDA. (250 word limit. Responses longer than 250 words will be cut.)

UNC ASDA is committed to keeping students and the broader dental school community informed and engaged with the latest updates on upcoming events, student spotlights, and other initiatives through our monthly newsletter, The Pearly White Pages. Each edition of The Pearly White Pages highlights not only upcoming events but also the incredible contributions of our members. We feature initiatives like Committee Member of the Month to recognize students who go above and beyond in organizing events, supporting peers, and building community. Recent issues spotlighted social events such as Top Golf Night, which was free for all students and offered a fun way to relax and connect, and our Halloween party, which brought students together for games, treats, and dancing. The newsletter also covered Advocacy Month programs, introductions to new executive board members, and five November Lunch and Learn sessions. By celebrating accomplishments, sharing stories, and keeping everyone informed, The Pearly White Pages helps students feel connected, inspired, and proud to be part of the Adams School of Dentistry community. Please enjoy the November Edition of The Pearly White Pages as an example of what communication to our chapter looks like.

Q12

Respondent skipped this question

Upload the communication piece your chapter described in the communications category as a PDF or link below.

Q13

Add your communication piece link below.

https://drive.google.com/drive/folders/1-AsmJxTMMW2Zp6NgudHscqigLqwJvgd-?usp=drive_link

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Q14

Submit your chapter's YouTube video link.

<https://youtu.be/2jF9KOQdVHI>

Q15

Submit your chapter's Google Drive or DropBox video link.

<https://drive.google.com/file/d/1-DgfOMzGELCGec4O2kUP2ZG75UYcFIS0/view?usp=drivesdk>