INITIATIVES



MEMBERSHIP ENGAGEMENT

One of the most popular subsets of ASDA Buffalo is membership engagement. At the Buffalo chapter, we hosted numerous, in-person, events this year which functioned to build a sense of community while allowing for that much-needed and well deserved break from studies. After a year of COVID seclusion, our student population was eager to reunite and make up for lost time, while taking the appropriate precautions to ensure safe socializing.

HEALTH & WELLNESS 02

It is evident that dental school can take a toll on the physical, emotional and mental well-being of a student. The constant stresses of a challenging course load alongside high self-expectations make it easy to fall into unhealthy habits. Our ASDA chapter worked to ensure that there were ample opportunities to help students find that critical balance between life and profession. Our efforts led to the assignment of a full-time mental health counselor at UBSDM, distribution of fresh fruit every week, and the organization of various wellness events.



OS COMMUNITY SERVICE

Our mobile dental unit and RAM trips rebooted this year, sending out D4's to underprivileged communities to provide care. Similarly, we resumed our monthly outreaches throughout the greater Buffalo community in soup kitchens, local schools and community centers. Additionally, ASDA Sustainability committee was commended by the University at Buffalo with the Slice Award for their mask recycling program, designed to decrease the carbon footprint of our school amidst the pandemic. Finally, we were able to host our hallmark service events of Give Veterans a Smile day and the Annual Fashion Show benefiting the Buffalo VIVE Shelter.

CHAPTER MEDIA

The key to the cohesion of a large organization is constant communication. To facilitate this, we publish a biannual newsletter titled The Bull Burnisher, which is sent to all students, faculty and staff to recap all ASDA recent accomplishments and accolades. The newsletter has dozens of features and articles in each edition, of which this year we started a diversity segment which gave students a platform to share their stories. Additionally, our newly modernized ASDA website and associated social media pages feature all of our clubs and provides students and pre-dentals a centralized source to see how UB is capitalizing on student life.



05 ADVOCACY

Our ASDA chapter was exceptionally active when it came to advocating for the interests of the dental profession. Our Virtual Lobby Day was held successfully where District 2 students, of whom Buffalo had the most participants, met with State Senators and Congressmen to discuss the challenges facing the dental profession. Our chapter was also active in engaging students on the local level about political changes pertaining to the future of our profession by holding fun and informative events like Pasta and Politics, Red White and Brew and a L&L regarding the planned Medicare expansion.

LEADERSHIP/PROFESSIONAL DEVELOPMENT

06

As future healthcare professionals, it is critical to hone our leadership skills so that we can positively influence our patients and staff to facilitate the best outcomes. At UB ASDA we decided to focus our leadership on preparing the next generation of students for the rigors of dental school while exposing them to the profession. We held several events such as our Destination Dental School, Pre-Dental Soap Carving, and Pre-Dental Open House where we brought in students and mentored them into becoming better and more qualified applicants.

