

HSDM ASDA PFM One Page Report for 2020 Activities

1. Mock Interview Program

- 200+ pre-dental students from all over the country were paired one-on-one with current HSDM students or residents to complete a mock dental school interview over Zoom. We enjoyed engaging with the greater pre-dental community and were happy to see 39% of our student body participate.

2. 12th Annual Pre-Dental Conference

- Held virtually, we were able to reach a larger audience of 120 attendees and raise \$1030 for our chapter. The conference consisted of an admissions presentation, a presentation by Dr. Alec Eidelman on the current and future state of dentistry, a raffle for DAT prep. materials, a student panel, and breakout rooms for pre-dental students to chat with HSDM students in an intimate setting. We shared about the Pre-Dental Q&A Box, a 2020 initiative where pre-dentals can ask questions and receive personal responses from us!

3. Dental School Decision Guide Event

- This event was hosted and coordinated by our chapter, involving 12 schools and 130+ pre-dental students. After hearing a presentation on factors to consider when choosing a dental school, attendees with multiple acceptances joined school-specific Zoom rooms to chat with dental students from participating schools to assist in navigating the dental school decision process. We were thrilled at the chance to collaborate!

4. Spooky Shoutout

- This October initiative allowed students, staff, and professors to write anonymous warm fuzzies or positive messages to each other. 141 Spooky Shoutouts were sent, and our initiative quickly expanded to all of ASDA District 1 (5 schools). This was a free and simple way to bring the community together and spread positivity.

5. Virtual Game Nights and Cocktail Hours

- We led a series of school-wide Zoom game nights and happy hours to keep our chapter tight-knit. We started with mixology sessions led by a classmate, who taught the art of cocktail making while people followed along at home. Our first happy hour later consisted of breaking students out into multiple small Zoom rooms in the “speed dating” style. Our game night included Skribbl.io, Jackbox, and Among Us.

6. Give Kids a Smile (GKAS) 2020 + Oral Health Education Videos Project

- GKAS is an annual event at the Harvard Dental Center in February to provide free dental care to children ages 1-17. 40 children were seen, and more than 40 students were involved. Mouthguards were also made for children 10+. With the urgent need for oral health education tools during COVID and to expand our reach, our chapter collaborated in December and January with Action for Children and Teens in Oral Health Need (ACTION) for the Oral Health Education Videos Project to augment GKAS in 2021.

7. UNE HSDM D1-D4 Collaborative Takeovers

- This initiative aimed to foster a stronger connection with other ASDA D1 schools. Students in each year at HSDM and UNE participated in joint IG takeovers. Students discussed similarities and differences in student life, curriculum, clinical and externship opportunities. This was a creative and interactive way to share more about each school, and was a hit with our IG followers!

8. Wellness Step Challenge

- A challenge that encouraged students to get up and be active, counting steps for individuals and pitting classes against each other with step totals. There was ~50% of total student body participation, and 12 mil. steps tallied.

9. November Advocacy Month Events + Pre-Dental Advocacy Fellowship

- We hosted a talk on water fluoridation by public health rockstar Dr. Myron Allukian and one on the sugar industry by the incredible Dr. Cristin Kearns, both attracting dental and pre-dental students from all across the world (45 states and 4 countries)! IG Molar Bear filter created and used by 25 members, sharing what they were passionate about in advocacy. We also created a pre-dental advocacy fellowship: more than 75 pre-dentals applied, and we selected 5 fellows to help us in our advocacy endeavors in the year to come!

10. Sock Fundraiser for Friends of Boston Homeless

- Sock sale/fundraiser to HSDM students and faculty to raise money to donate for purchase of undergarments and socks at Friends of Boston Homeless NPO. \$438 was raised, all proceeds were donated, and donors got pairs of socks for themselves as well!