

**1. Health and Wellness Month**

- a. RUASDA was awarded the Chapter Wellness Grant to support this initiative and to continually provide wellness-related activities, programs, and resources to members. Additionally, RUASDA was one of the winning chapters of the ASDA Mile-A-Day Challenge with 96 participants logging 4,948 miles making RUASDA the winning chapter for the highest average mile account by total membership. Wellness Month culminated with a week-long Wellness Week that included a motivational statement given to every RUASDA member, 100 live succulents provided to members, hosted Yoga & HIIT sessions, and a week-long social media "Self-Care Challenge".

**2. 2nd Annual Pre-Dental Day**

- a. Hosted our 2nd Annual Pre-Dental Day and converted the entire event to be virtual. 88 pre-dental students joined in from over 25 universities across the country to participate in a presentation from our Dean of Admissions, various workshops including tips for navigating AADSAS, personal statements, what to expect during the interview, and mock interview practice, as well as panels to discuss ASDA, Health & Wellness, and to speak with current dental students about their experiences at Roseman. \$1,230 was raised for the event allowing for over \$2,900 in prizes and pre-dental resources to be awarded to pre-dental students. Our team also established a Pre-Dental Mentorship Program matching 66 pre-dental students from across the country and 66 RUASDA members.

**3. ASDA Autumn Social Week**

- a. Hosted events during a Virtual Autumn Social Week in September to help connect and bring RUASDA members together virtually. The events included over 50 members participating in a Virtual Cooking Class & Demonstration, a HIIT workout session, a Virtual Draw and Paint night, and a week-long Pumpkin Carving Contest via social media. Additionally, RUASDA was awarded the Membership Outreach Grant to use towards an upcoming event to promote membership and active involvement in ASDA.

**4. Roseman Stories - Cure for the Kids Foundation**

- a. The Roseman Stories Donation Drive set out to support children who are battling diseases and cancer at our Roseman campus in Summerlin, Nevada. Six Roseman faculty members including hygienists, pre-clinical & didactic instructors, and dentists recorded and posted their favorite bedtime stories through our social media accounts to raise awareness for the donation drive. The videos reached over 2,800 users, received over 2,100 views, and over \$500 was raised and donated during the month-long campaign.

**5. BLM Resources for Dental Students**

- a. RUASDA, in collaboration with University of Washington CODM and Columbia University CODM, with references compiled by writer Alyssa Klein and Activist/Filmmaker Sarah Sophie Flicker, published resources for students across all Roseman Campuses to utilize in educating themselves and others about the social movement that swept the nation. This multi-page document has been posted on the Roseman University Library website under the *Bias, Racism and Inequalities in Healthcare* section for ASDA members and dental students as well as Nursing and Pharmacy students. The document includes a list of organizations to donate to, petitions to sign, a list of local Black-owned restaurants and businesses to support, and a plethora of videos, movies, books, and podcasts for individuals wanting to learn more about the Civil Rights movement in the United States.

**6. Advocacy Month**

- a. Hosted 5 webinars during Advocacy Month with topics including ADPAC & Advocating for Dentistry, Dental Professionals Administering Vaccines, Changes to the DLOSCE & CDCA, Medicaid, and the INBDE. Over 500 Advocacy points were earned by our chapter with 77 members participating and 34 certificates earned.

**7. Social Media**

- a. Increased followers from 1,353 to 1,535 (13.4% increase), reached 47, 574 users, and garnered 3,526 likes (27.9% increase) on our main Instagram account. Increased followers on our Pre-dental account from 254 to 892 (351% increase). Our "Predental to Predoctoral" 11-part series on our Pre-dental account reached over 1,000 users on Instagram, garnered 882 Likes, and was shared by users 97 times.

**8. RUASDA Blog & Newsletters**

- a. RUASDA Members submitted 31 new posts for our online blog. Members also contributed to District and National publications during 2020. 11 articles, images, and various submissions were made by 8 RUASDA members across 7 issues of Contour. Additionally, 15 articles, images, and various submissions were made by 11 RUASDA members across 4 issues of the District 10 Newsletter, The Smile Line.

**9. Roseman's Got Talent**

- a. ASDA members organized our annual talent show and took the stage to showcase art, cultural fashion, and talents such as singing, performing, and dancing. Over 250 guests attended the performance, including members, faculty, and family members. Dinner and beverages were provided to all attendees. Note: this event was conducted in February 2020, prior to COVID-19 social distancing guidelines.

**10. School Supplies Donation Drive for the Kids in Need Foundation**

- a. District-wide donation drive for Kids in Need Foundation. RUASDA members donated the most items in the District; over 754 total items including crayons, markers, notebooks, pencils, folders, and more were donated to the Kids in Need Foundation.