HOW-TO GUIDE

PREDENTAL RECRUITMENT
How-To Guide: Predental Recruitment

Predental students represent a unique sector of the dental community. Many of these students will matriculate into dental schools in the near future, and those who do not will remain advocates of dentistry in their communities. Educating predental students on the importance of organized dentistry and encouraging them to join ASDA as a predental member is a great way to introduce these students to their potential profession. It also presents an excellent opportunity to further expand ASDA as an organization. This guide includes examples of events and activities that ASDA chapters have created to educate predental students about dentistry and to recruit these students to join ASDA.

Whether you choose to model an activity after one of these schools or not, we hope that you will continue to reach out to predental students. We developed a short PowerPoint presentation that you can use at your chosen predental activity to encourage predental students to join ASDA. It includes a short introduction to ASDA and the benefits of ASDA predental membership. We also encourage chapters to add a link to ASDA’s predental page (ASDAnet.org/predental) on chapter websites and social media pages. This site includes a timeline for dental school preparation, tips for taking the DAT, interviewing, choosing a dental school, resources for predental clubs and non-traditional students, and much more.

ASDA Predental also has a Facebook page (www.facebook.com/ASDAPredental) and an Instagram page (www.instagram.com/asda_predental) that feature valuable information.

Benefits of ASDA Predental Membership

Predental membership in ASDA runs on a calendar year from January 1 to December 31, and is $71/year. ASDA offers many benefits for predental members that are listed below:

Why Join ASDA as a Predental Member?

• Involvement in ASDA makes you a more competitive applicant for dental school admissions. Joining ASDA can set you apart from the competition and show your commitment to organized dentistry early in your career.
• ASDA is the number-one resource for predental students. Our website includes information catering exclusively to predental students’ needs.
• Predental members receive the invaluable guide – Getting Into Dental School: ASDA’s Guide for Predental Students. Save time researching schools with this guide that includes detailed information on all 66 schools.
• The ASDA website has countless webinars and videos just for predentals. Topics range from DAT preparation and interviewing to tips on paying for dental school and more.
• Develop leadership skills through one of the national leadership positions for predentals – predental consultant and predental advisory committee member.
• Members receive discounts on DAT study resources, including Memorang and Crack the DAT. Using these member discounts alone pays for the $71 membership dues.
• Have a dental school interview? Make sure you know what is happening in dentistry by utilizing ASDA’s publications—written for students by students. Contour is ASDA’s monthly journal and...
Mouthing Off is ASDA’s weekly blog. Predental students can contribute by writing for these publications.

- **Access to 24,000+ current dental students** through the membership directory – find students at your prospective dental schools.

**ASDA Predental Month**
ASDA holds a national Predental Month in October to showcase resources and events for predental students. Predental clubs and chapters are encouraged to hold events for local predentals during this month and recruit them to ASDA. National activities include webinars on preparing for dental school, Instagram photo challenges, and highlighted resources for predental chapters and clubs. Predentals who join ASDA during that month are eligible for raffle prizes. Predental chapters/clubs that recruit the most members earn an incentive. This event is a wonderful opportunity for predentals to become acquainted with ASDA, the resources we offer and organized dentistry as a whole. More information is available at [ASDAnet.org/predentalmonth](http://ASDAnet.org/predentalmonth).

**DAT Week**
ASDA dedicates a week to the DAT in the month of April. This is a great opportunity for predentals to complement their studying with advice and tips from current dental students and successful predental test takers. Members have access to exclusive webinars, daily blog posts and social media contests all targeted at helping students succeed on the DAT. More information is available at [ASDAnet.org/datweek](http://ASDAnet.org/datweek).

**Organizing a predental day**
Creating a predental day is one of the most rewarding yet challenging events an ASDA chapter can conduct. Remember predentals are excited to get face time with current students and faculty. Try to recall how you wanted to get into dental school. This is your chapter’s opportunity to showcase your dental school while raising money for your chapter and communicating the many benefits of being involved with ASDA. Following is a look at some of the challenges your chapter may face in scheduling your first predental day.
Challenges

Challenge #1: Administration difficulty or lack of support
Overcome this challenge by working with your dean of admissions from day one. Having their input on picking a name goes a long way in gaining good will. While this is an ASDA event, it is important to remember that your chapter is representing the entire school. You’re creating a connection for administration to the event, as well as establishing transparency between both organizations. If your administration is resisting the idea of a predental day, remind them that this is an opportunity to attract highly qualified potential applicants.

Challenge #2: Picking a name
Don’t be generic. Anyone can call the event X School ASDA Predental Day. Your event should offer an EXPERIENCE that will excite the predentals, and the name should support that. For example, the Texas-Houston ASDA chapter decided on “Explore UTSD” for their event name, allowing them to brand the event. Choosing this name with the dean and associate dean of admissions helped build rapport and trust. This had an impact on the autonomy the administration gave to ASDA. It was made clear that this was an ASDA event, but at the same time the name suggested something bigger than the chapter.

Challenge #3: How many prospects can we accommodate?
Be realistic about what your chapter and school are prepared to handle. At Texas-Houston, there are 100 students in each class so they decided to offer 100 spots. They have a predental team consisting of eight people and used 25 volunteers, not counting speakers, at the event. If your manpower is lower, adjust accordingly. One volunteer per four to six predentals is a safe bet for making a great event.

Challenge #4: When is the best time to host this event?
Give yourself four to six months to plan the event once you have chosen a date. You’ll want a minimum of two months to promote the event (more on that later) and should have most of the major planning ideas completed by that point. Double-check availability for the rooms you need ASAP, as other organizations may compete for space. If you can get the entire school for the event, confirm the space.

When picking a date, remember that you’re balancing three things: 1) availability at the school; 2) student volunteer schedules; and 3) predental schedules. Go with a Friday or Saturday early in the semester. Later in the year, Thanksgiving and spring break cause conflict. Remember that if your school is affiliated with a large university that has major sporting events on those dates, you don’t want overlap, as this can cause logistical or attendance problems.

Challenge #5: How do we sign people up and how much should they pay?
There are several options for handling sign-ups. At Texas-Houston, they have been successful using a form created on their ASDA webpage for registration. You can also use a free site such as Google forms or SurveyMonkey to create a registration form. They also offer a few reserved spots to schools with predental societies to get the widest representation possible. Having one or two large schools monopolize attendance goes against the greater goals of a predental day.

In terms of cost, take a look at how much you’ll need to run the event and then decide if it will be an ASDA fundraiser or if you want to break even. Numbers range from $15-$150+ for students depending on the school and duration of the event. Texas-Houston charged a full day at $50 or $35 for ASDA
predental members, but, in truth, doubling this price would still fill up the event. Predentals have a lot to gain from a well-planned, informative event, so keep that in mind when pricing the event.

Consider including an ASDA membership in the cost of non-member registration. This will help your ASDA chapter win national ASDA predental recruiting competitions. ASDA predental membership is $71 per year. Consider having ASDA members pay $75 and non-members pay $150, including an ASDA membership.

**Challenge #6: How do we get the word out?**
Word of mouth is the best way to go. As soon as a date is set, create a Facebook event and start inviting classmates whom you’re confident will volunteer. Many current dental students have friends and siblings who will be applying in the future. Make sure to post the event information in your class Facebook groups and ask them to spread the word.

Reach out to the predental societies in your state or nearby states if your school matriculates from a wide field. Post information about the event on predental club Facebook pages, on Student Doctor Network and similar sites. Some predentals will travel for these types of events; don’t limit your outreach to just locals. Send your event info to ASDA to promote nationally through the website, e-newsletter and social media. Reach out to the appropriate ASDA staff to get the flyers promoted on ASDA Predental’s Facebook and Instagram pages.

Remember, the relationship you built with admissions during the event planning period? They have access to state pre-health advisors and schools from which they recruit. Ask them to send an email two months before the event. (Side note: make sure this is possible. If not, you’ll want to start composing your own list of pre-health advisors to email).

At Texas-Houston, they filled approximately 30 spots over the course of two weeks. During this time, they had a professional flyer created to post on their webpage and Facebook, along with an email blast. Once they emailed their listserv, the remaining 70 spots filled up in three days, with a long waiting list.

**Challenge #7: How do we handle cancellations?**
In order to reserve spots, you must collect money when they sign up. There will be people who try to get a refund the day before or even after the event, but this isn’t acceptable. They are reserving a spot that someone else REALLY wants. Create a refund policy and promote it with registration. Texas-Houston chose to honor any requests up to two weeks before Explore UTSD, which gave them enough time to refill those spots with people from their waiting list.

**Challenge #8: What if there are competing organizations?**
Organizations like ADEA and SNDA also have an interest in recruiting predentals. Occasionally, administrators will not allow ASDA to host a separate predental day. If this is the case, consider partnering with the other student group to co-host the event. This is a great opportunity to increase manpower and pool recourses. When co-hosting a predental day with another organization ensure:

- Expectations are clear. Is ASDA an equal partner or just giving an ASDA-supported presentation? Ensure the administration knows about the details of the partnership in case there are problems later on.
• Finances are fairly split. If ASDA is truly co-hosting a predental day, ensure the other student group is paying for half of the event. If you are expecting a profit, talk beforehand about what organization is profiting or if profits are to be shared.
• Work is evenly distributed. If both groups are splitting the work 50-50, make sure both groups have assigned tasks and that work is being completed. It would be unfortunate to have both organizations benefit if only one organization is doing all of the planning.

Getting Down to the Nitty Gritty

Depending on the scope of your event, it can be a very time consuming and stressful task to oversee. To help minimize these issues, here are a few ideas that worked well for Texas-Houston’s chapter.

• **Build a team.** There will be many people at your school and within your chapter who want to help. If you don’t have a predental committee, create one specifically for this event. You have to spread the workload in order to create the best possible experience.
• **Have a clear vision** for the event before you ever approach administration. Putting together a tentative itinerary is doable at the very beginning of the planning process. Do you want this to be a half-day event, all-day event or span over the course of an entire weekend? How many and what type of speakers do you want? How will you fund it? Will there be sponsors? Brainstorm extensively with your team and reach out to other chapters who are putting on predental days to share ideas and advice.
• **Make a list of everything you need.** Don’t forget name tags, meals, goodie bags, printed copies, sign in/up sheets and anything you might need for lab work (glasses, burners, hand pieces etc.) Be sure to reach out to a few faculty members for any lab activities.
• **Create a timeline** and delegate tasks accordingly. Set solid deadlines for tasks and hold your team accountable to those dates. You do not want to be rushing to finish goodie bags the night before because it wasn’t delegated to someone.

Interesting People Give Interesting Presentations

Choosing the presentations and activities is one of the most important planning aspects of this whole process. Do you want it to be ASDA-centric? Do you want lots of hands-on activities? Do you give tours or assume they can do it on their own? Get the most out of the finite time your event has, but also be aware this is a long day. Can you remember sitting in lecture for eight hours in dental school? Don’t let that be the experience for your predentals. Work in activities that involve moving around, and break up the presentations.

The best advice is to pick interesting speakers. Through dental school and ASDA, you have met plenty of great people with a passion for dentistry. Give them a forum to spread that energy to a captive audience.

Here is a list of recommended activities and presentations for a predental day event.

• **The dean or head of admissions** should present to the group. This puts a face on your school and the admissions committee. When predentals send in their application, let them do so with advice given by the folks up top. If you can get both to speak, by all means do it but be conscious of time. Five to ten minutes each is enough.
• **Tours.** Most event organizers would agree that attendees appreciate seeing the building(s). Tour groups can be divided with approximately eight predentals and two to three volunteer tour guides.

• **Hands-on activities.** Examples include: drilling a class 1 prep on a plastic typodont tooth, taking alginate impressions and pouring up casts, placing sealants on plastic typodont teeth, reviewing radiographs, and waxing up a central incisor.

• **Q&A with a panel** of current dental students from varied backgrounds. Select a good mix of the four dental classes that represent the demographic make-up as much as possible. You want to create an environment where the predentals feel comfortable asking questions in front of a large group, so keep that in mind when selecting panelists.

• **Mock interviews.** If you have a large-enough volunteer base, older predental students might be interested in a mock interview. Depending on the format of your dental school’s interview process, you may want to do mock 1-on-1 interviews or a mock group interview. It is a good idea to give dental student interviewers a paper rubric that they can fill out and give written feedback to predental students.

• **Guest lectures** are another good opportunity to expose predentals to the day-to-day life of a dental students. Every school has that one professor that gives amazing lectures. Email or ask the professor in person to present a few months before the event. Predentals would love to get a “Crash Course in Pharmacology” or “Introduction to Dental Anatomy” lecture.

You can choose additional activities tailored to your school or chapter. A few other examples include: a student life presentation, sponsored Kaplan (during lunch), intro to organized dentistry taught by a local dentist, a short class on waxing/drilling/anatomy and, of course, admission information and advice.

### Breakout Sessions

If you have you been to NLC, you probably are familiar with breakout sessions. Breakout sessions allow you to schedule multiple presentations running at concurrent times. For example, Texas-Houston’s event included eight 30-minute breakout sessions with four running concurrently in each time slot.

Keep in mind that your predental attendees come from a wide variety of backgrounds. There will be the sophomores looking for direction (time management and study tips). There will be all-star researchers. There will be people who are re-applying. There will be people who are currently parents, and people who are planning to become parents while in dental school. There will also be non-traditional students looking for advice on standing out among the younger applicants.

Breakout sessions allow you to address these different groups and avoid being generic with your predental day. If you choose to incorporate them, vary the topics and pull together as many speakers as you can. Don’t give them Yahoo Answers; give them TedTalks. Tailor your topics to resonate with as many attendees as possible.

For more specifics, see the sample agenda with breakout session topics, welcome letter and tour schedule starting on page 9.
Predental Leadership Award

If you are able to raise enough funds from your Predental Day, consider investing these funds back into predental growth and development. Texas-Houston was able to raise enough funds from their Predental Day to create a leadership award that fully funded one predental member to ASDA’s National Leadership Conference. This award was announced at their summer Applicant/Mock Interview Day. They set a three-month submission period with a deadline of August. See the application on page 13 for an example. If your chapter is unable to fund a full NLC registration, consider a partial NLC scholarship or funding to attend a district meeting.

Texas-Houston created an award committee consisting of their director of student affairs (head of admissions committee), the current ASDA president and the predental committee (the current chair and associate). Four people reviewed and ranked each applicant to determine the three finalists. The finalists had 20-minute phone interviews with the committee. Each applicant was asked the following:

- What does it mean to be a good leader?
- Give an example of a difficulty you experienced as a leader and how you overcame it.
- What do you hope to bring back from NLC?

Voting occurred immediately following the phone calls and a winner was selected. This award allowed their chapter to give back to the predental community.

Sample Materials and Predental Projects

Starting on page 9, sample documents are included that were used for Explore UTSD and the Predental Leadership Award. A list of projects that other chapters have organized for predentals begins on page 15.

Predental Day Alternatives

If your chapter is unable to organize a predental day due to challenges with logistics, budget or fundraising, consider these alternatives. Each opportunity still provides your chapter the ability to spread ASDA fever and talk with predental students about your school.

Alternative 1: Local Predental Club Visits
Instead of bringing the predentals to your school, bring your school to the predentals. This alternative is especially useful when administrators will not allow your chapter to use the school’s space to host predentals.

Begin by contacting the predental club at a nearby university. Many clubs have websites or Facebook pages with the president’s contact information listed. If their contact information is not available, try contacting the university’s health professions office. Organize a time when students from your dental school can plan to visit predental students at their university, preferably during the predental club’s normal meeting time. Suggested activities during the visit include a presentation introducing ASDA, a presentation about your school and a Q & A panel with current dental students. Your chapter can also bring materials for a hands-on activity, such as wax carving or taking alginate impressions.
Alternative 2: Predental Club Virtual Visit
When traveling to a university becomes logistically difficult, organize a virtual visit with a predental club. This opportunity allows you to connect with predentals while avoiding traveling or planning a larger scale event. In a similar manner to alternative 1, your chapter should contact the president of the predental club to set up a time during a regular meeting. Interested dental students can then join via Skype or Zoom into a predental meeting to talk about ASDA and your dental school. Any presentation can then be followed up with a Q & A session.

Alternative 3: Predental Dinner
If finding a space to host a predental day at your dental school is an issue, consider hosting a predental social at a local restaurant or the student union. Reserve space large enough to give a presentation and allow dental and predental students to mingle. Begin this event with a presentation on the benefits of ASDA predental membership and information about your school. Following the presentation with a reception will facilitate informal socializing between dental and predental students. Be sure to advertise this event like you would a predental day. Also be sure to check schedules of dental and predental students to avoid scheduling conflicts with major university events, holidays, etc.

Alternative 4: Private Predental Visit to School
Perhaps you still want to give the opportunity for predental students to visit your dental school, but on a more casual basis. Contact the predental club at a nearby university and work with them to determine a time when many students are available to meet up. When Boston University did this with students from local undergraduate universities, they organized a mini-activity for attending predental students to get to know one another and the dental students. The other activity was a casual conversation with dental students. Many dental students stayed after their day of work, and talked casually with predental students. Even though the event was not as elaborate as a full predental day, it was meaningful for predental students to make those personal connections.
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<th>Time</th>
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<tbody>
<tr>
<td>8 – 8:30 a.m.</td>
<td>4310</td>
<td>Registration/Breakfast</td>
<td>Donuts provided by ASDA or sponsor</td>
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<tr>
<td>8:30 – 8:50 a.m.</td>
<td>4330</td>
<td>Welcome &amp; Dean’s Address</td>
<td>Dr. Valenza: Dentistry, vision of school</td>
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<td>8:50 – 9:15 a.m.</td>
<td>4330</td>
<td>Admissions Overview</td>
<td>Dr. Pierpont: Admissions process</td>
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<tr>
<td>9:15 – 9:45 a.m.</td>
<td>4330</td>
<td>Student Life</td>
<td>Laura Nelson, Andrew Naeger, Paola Salazar</td>
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<tr>
<td>9:45 – 10:30 a.m.</td>
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<td>Guided Tours</td>
<td>Tour guides will be ASDA officers and other student volunteers</td>
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<tr>
<td>10:30 – 11 a.m.</td>
<td>4330</td>
<td>Intro to dental anatomy &amp; Operative</td>
<td>Chris Thorburn &amp; Alex Edgerly</td>
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<tr>
<td>11 a.m. – Noon</td>
<td>Group A: Preclinical lab Group B: Sim lab</td>
<td>Hands-on waxing Class 1 prep on typodont</td>
<td>Pre-prepped horse teeth &amp; #30 O</td>
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<tr>
<td>Noon – 1 p.m.</td>
<td>4310</td>
<td>Lunch and DAT prep advice</td>
<td>Sponsored by Kaplan</td>
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<tr>
<td>1 p.m. – 2 p.m.</td>
<td>Group B: Preclinical lab Group A: Sim lab</td>
<td>Hands-on waxing Class 1 prep on typodont Pre-prepped horse teeth &amp; #30 O</td>
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<tr>
<td>2 – 2:45 p.m.</td>
<td>4330</td>
<td>Intro to Organized Dentistry &amp; ASDA</td>
<td>Organized dentistry overview, how ASDA fits in. Katie Sowa, Graham Reed, Adrien Lewis</td>
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<tr>
<td>2:45 – 2:55 p.m.</td>
<td>4330</td>
<td>Explanation of breakout sessions and introduction to topics.</td>
<td>Chris Thorburn</td>
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<tr>
<td>3 – 3:25 p.m.</td>
<td>Multiple Rooms</td>
<td>Break out: 4310, 4320, 4330, 4340</td>
<td>See below for details</td>
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<tr>
<td>3:30 – 3:55 p.m.</td>
<td>Multiple Rooms</td>
<td>Break out: 4310, 4320, 4330, 4340</td>
<td>See below for details</td>
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<tr>
<td>4 – 5 p.m.</td>
<td>4330, 4340</td>
<td>Q/A panel dental students</td>
<td>Various dental students</td>
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<tr>
<td>5 – 5:15 p.m.</td>
<td>4330</td>
<td>Closing remarks</td>
<td>Chris Thorburn</td>
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## Breakout Sessions

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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>3 – 3:25 p.m.</td>
<td>4310</td>
<td>Study tips: The things we wish we had known in undergrad</td>
<td>Brady Atkins, Haley Bennett, Sarah Arafat</td>
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<td>3 – 3:25 p.m.</td>
<td>4320</td>
<td>Living outside the box: creating your own research and activity opportunities in dental school</td>
<td>Mary Hess &amp; Francisco Nieves</td>
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<td>3 – 3:25 p.m.</td>
<td>4330</td>
<td>Re-applying to dental school: improving your matriculation chances after the first try</td>
<td>Katie Sowa &amp; Graham Reed</td>
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<td>3 – 3:25 p.m.</td>
<td>4340</td>
<td>Finding a mentor and getting the most out of volunteer opportunities</td>
<td>Chris Thorburn</td>
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<tr>
<td>3:30 – 3:55 p.m.</td>
<td>4310</td>
<td>Time management: Get ready to see some calendars and schedules, dental school can get really busy. Learn how to handle it.</td>
<td>Adrien Lewis &amp; Paola Salazaar</td>
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<tr>
<td>3:30 – 3:55 p.m.</td>
<td>4320</td>
<td>Having a family in dental school: students with spouses and children offer their insight into what it’s like to balance family life and being a student</td>
<td>Tim Woernly &amp; Theresa Lasseter</td>
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<tr>
<td>3:30 – 3:55 p.m.</td>
<td>4330</td>
<td>Student finances: A candid look at what it really costs to go to dental school and how to manage your finance</td>
<td>Dr. Pierpont</td>
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<tr>
<td>3:30 – 3:55 p.m.</td>
<td>4340</td>
<td>Non-traditional student application: getting into dental school as a second career or later in life</td>
<td>Greg Luk &amp; Chris Thorburn</td>
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On behalf of the American Student Dental Association and the University of Texas School of Dentistry at Houston, I would like to personally thank everyone for coming to Explore UTSD Predental Day! We’re very excited to welcome everyone to our school and offer you a glimpse into what life is like as a dental student.

Today you will be hearing from both Dean Valenza and Dr. Pierpont, who is the head of the admissions committee. Current students will give presentations on student life, organized dentistry and offer a Q&A session at the end of the day. This is a great opportunity to really pick our brains and get insider information about how we handled undergrad, applying and attending dental school.

Included in the agenda are eight breakout sessions, of which you can pick two to attend. Please make sure to sign up for the sessions that are most interesting to you as we are limiting a maximum number of 30 people for each session. You can sign up for these in the lobby area near the elevators on the fourth floor.

We hope that at the end of today you come away with a greater appreciation for life at UTSD, as well as the important role that organized dentistry, ASDA and the ADA play in helping make dentistry one of the top professions in America.

In closing, I want to congratulate you all for choosing dentistry as your future profession. It is truly an amazing industry!

Hook Em,
UTSD Tours

Start time 9:45
Total Time – 45 minutes (5 minutes per station)

The location listed is your start location. You will rotate with your groups, just like orientation, to the next location based upon the number. If you reach 9 and it isn’t your last station, take the main elevators up to 4 and proceed to the library. The order is designed to flow in a direction to make each station the next in line or closest to your previous station.

1. **Library - Paola, Rebecka, Eric**
   - Just walk them around, talk about its use.

2. **Lecture hall 4th floor – Andrew, Franzen, Yarima**
   - Use 4330

3. **Sim Lab – Mary, Patty, Graves**
   - Show them a dummy

4. **Table top lab – Graham, Sendelbach**
   - Waxing

5. **Student Lounge – Laura, Max**

6. **Book store/patient waiting area – Adrien, Terrall**
   - Not a lot here, good time to let them ask questions.

7. **Second floor (dispensary and orange bay) – Glennis, Krystle**
   - Just show them the size of our clinics. Dispensary will be closed but explain that’s where you get supplies.

8. **1st floor clinic – Marissa, Alden**
   - Show them endoscopes, walk past the specialty clinics (OS, Pedo, UC)

9. **1st floor waiting area/lobby area – Nicole, Hillary**
   - Show them the two historical/information areas to the left of the front door and back towards Cooley.
The Predental Leadership Award was created to help target future ASDA leaders beginning at the predental level. Candidates should be predental students who have shown excellence in community service, academics and leadership.

Applicants must:
- Provide an up-to-date CV
- Complete the questionnaire on the next page
- Be available for an interview in person or via video conferencing between August 21 and Sept. 20
- Be available for travel to Chicago, November 17-19, 2018
- If selected as finalist, must provide up-to-date transcript

Award is open to the following:
- Texas resident
- MUST be ASDA predental member
- 24 hours undergraduate science credit
- Must be applying to dental school in 2018 or 2019

Please ensure all information is correct and up to date

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Please make sure you have reviewed the rules and expectations for accepting the award along with visiting the NLC webpage to learn about the opportunities available: [www.ASDAnet.org/nlc](http://www.ASDAnet.org/nlc)

**APPLICANT DECLARATION**

I wish to apply for the Texas-Houston ASDA Predental Leadership Award and agree to the terms and conditions. I declare to the best of my knowledge that the information supplied herein is correct and complete. I acknowledge that the submission of incorrect or incomplete information may result in non-award or a cancellation of the award at any stage.

| Signature: | Date: |
Texas-Houston ASDA Predental Leadership Award
Interview Questions/Topics

1. In your words, what makes a great leader?

2. What does it mean to be a leader in dentistry?

3. Please explain the importance of organized dentistry and the role ASDA plays in it.

4. Anything else you would like to add about yourself.
Name of project: VCU Predental Day

ASDA chapter: Virginia

Description (where, when and details of project):
VCU has an annual Predental Day in which all of the predental clubs at Virginia’s large universities are invited to participate. (Eighty to 90 students from seven different universities participated last year.) The event takes place during the spring semester and is free to the predental students. Lunch is sponsored by Proctor & Gamble ($200) and the VCU predental club ($100). Proctor & Gamble also donate toothbrush goodie bags for all of the participants.

VCU Predental Day Itinerary:
Noon – Check-in (Once the students check in they are organized into three different groups - Groups A, B and C.)

12:30 p.m. –
Group A - Dental Simulation Lab (predental students do Class I preps on tooth #19 on the Dent-Sim mannequins. Simulation teeth are donated by the VCU admissions department.)
Group B - Tour of the dental school facilities with current dental students
Group C - Pizza lunch with D2s and D3s

1 p.m. –
Group A - Tour of the dental school
Group B - Lunch
Group C - Simulation Lab

1:30 p.m. –
Group A - Lunch
Group B - Tour of the dental school
Group C - Simulation Lab

2 p.m. – All groups meet in Lecture Hall
2:15 p.m. – Address from Student Government/ASDA President – Welcome and introduction to ASDA and VCU
2:45 p.m. – Dean of VCU Dental School – Welcome/Curriculum at VCU
3:15 p.m. – Dean of Admissions – Requirements for VCU admission and the admission process
3:45 p.m. – Question and Answer Session with Deans and current dental students

Contact person and email:
[Name] - [Email]
Name of project: UCLA Basic Dental Principles Course

ASDA chapter: Los Angeles

Description (where, when and details of project):
Basic Dental Principles is a for-credit course offered to UCLA undergraduate students. The course is comprised of two different components: a lecture series and a laboratory series. The lectures are given by third-year dental students, after extensive development of the material with dental school faculty. The course is unique in offering dental students the opportunity to explore the rewards of teaching and preparing for career in education while simultaneously providing pre-dental students with a unique view into dentistry.

This course is not organized by the UCLA ASDA chapter, but is something that an ASDA chapter could potentially coordinate with an undergraduate campus in their area as a fundraiser for their ASDA chapter. Though the program is run completely by a separate leadership structure and funding (covered by the undergraduate’s tuition), it could be a great avenue to educate predental students about ASDA and organized dentistry.

Contact person and email:
[Name] - [Email]
**Name of project:**  Annual Predental Day

**ASDA chapter:**  Nova Southeastern

**Description (where, when and details of project):**
Nova Southeastern Dental School hosts an annual Predental Day at their school, sponsored by Nova’s ASDA chapter. There is no charge to predental students to attend the event. Students from across the nation are invited to attend.

**Itinerary:**

- **8:30 a.m.**  **Check-in and Breakfast**
- **9:00 a.m.**  **Welcome Address** (by the Predental Chair at Nova)
- **9:05 a.m.**  **Our Chapter, What We Are and What We Do** (Nova ASDA Chapter President gives description of ASDA at Nova)
- **9:30 a.m.**  **NSU Dental Curriculum** (discussion of curriculum by the Assistant Dean for Curriculum and Educational Affairs)
- **10:00 a.m.**  **Kaplan Testing Center** (overview of the DAT and requirements)
- **10:30 a.m.**  **National ASDA** (description of ASDA on a national level)
- **11:00 a.m.**  **How to Be A Better Applicant** (discussion given by the Assistant Dean of Admissions)
- **11:30 a.m.**  **Mock Interview** (with a professor from Nova)
- **Noon**  **Tour of the facilities** (with current dental students)
- **12:30 p.m.**  **Lunch and Networking** (sponsored by Kaplan)

**Contact person and email:**
[Name] - [Email]
**Name of project:** Application Core Build-up Day

**ASDA chapter:** Los Angeles

**Description (where, when and details of project):**

The UCLA ASDA chapter created a Predental Day that focuses on the application process and targets students preparing to apply to any dental school in the upcoming cycle. Application Core Build-up Day allows our chapter to have a greater impact on future dentists than an event focused primarily on showcasing our dental school.

We work closely with the school administration to develop the schedule for the event and use feedback from a post-event questionnaire distributed to attendees. This has helped us expand our program and better serve our participants.

See sample promotional letter and agenda of event on the following pages.

**Contact person and email:**
[Name] - [Email]
Dear Predental Students,

UCLA ASDA is excited to announce the first ever Application Core Build-Up Day on **Saturday, May 4, from 8:30 a.m. - 1 p.m.**, at UCLA School of Dentistry! This event is focused on helping predental students that will be applying in the upcoming 2013-2104 AADSAS cycle that opens June 3. We will be joined by Dr. Mito, associate dean for academic programs and personnel, and Dr. Bibb, associate dean of student affairs, as well as plenty of current UCLA Dental Students that will offer words of advice for the arduous process of applying to dental school.

The main focus of Core Build-Up Day will be components shared by all dental schools: personal statements, interviews and understanding the current state of dentistry. We are only able to offer attendance to a **maximum of 40** predental students who are getting ready to apply this cycle, with priority given to current predental ASDA members.

Please note the following:
1. Attendance to Core Build-Up Day does not guarantee admissions into UCLA or any other dental school. (We were told by administration and the legal adviser for the school that we have to mention this.)
2. You must bring a complete draft of your personal statement and bring a copy with you. We will be having a personal statement workshop with the opportunity to have your personal statement reviewed.
3. Please dress as if you are attending an actual dental school interview (business attire). We are trying to best simulate the experience for the mock interviews. Dressing the part will be great practice!
4. Please arrive promptly (ideally 15-30 minutes before our scheduled 8:30 a.m. start time). We have a full morning of events planned for you and want to stay on schedule.
5. You are responsible for parking. Unfortunately parking is still enforced on Saturdays. You can park in the pay-by-space spots in the CHS parking structure, which cost $11 for the full day.
6. Please bring a notepad and pen/pencil.
7. Besides parking, participation in Core Build-Up Day is free!
8. **Sign up here:** [Link to Google doc, Survey Monkey, etc.]

We hope many of you can attend, and we look forward to working with you to help make the application process less stressful!

Attached is a copy of the schedule. Please feel free to email me or [Alternate name and email] if you have any questions.

Best,

[Name] - [Email]
[Title]
Core Build-Up Day Schedule
May 4, 2013

8:30 – 9 a.m.   Introduction

9 – 10 a.m.   Personal Statements & Review
On-the-Spot Essay: What can you provide to the class of 2018?
Personal Statements: Examples from the class of 2014/15/16. Small group workshop.

10 – 10:30 a.m. Choosing the Right School for you
PowerPoint presentation after doing research on popular schools that CA residents attend (California schools, UNLV, ASDO, NYU, BU, Columbia, UPenn). Additional information will include other factors that play a significant role in determining which schools to apply.

10:30 – 11 a.m. Hot Topics
CDA Class Representative will present a condensed overview of major current topics that CDA, ADA, and ASDA view to be important for future and current dentists to be aware of.

11 – Noon Interviews / Interview Strategy
Attendees need to dress as if it were a dental school interview. Will simulate two interview styles used by dental schools: a student one-on-one interview with a brief feedback session at the conclusion of the interview and a small group interview.

Noon – 1 p.m. Networking Lunch
Informal networking lunch with current dental students.
Name of project: Penn Predental Academy

ASDA chapter: Pennsylvania

Description (where, when and details of project):
The University of Pennsylvania hosts an annual Predental Academy where students from around the region join Penn ASDA for a weekend of educational programming. The event is held in June or July of each year. Students organize hands-on activities, lectures, a session with admissions, and more. Each attendee paid $50 to attend to cover food and supply costs. Housing was not provided, but a listing of hotels near the school was sent out.

Predental Academy Itinerary

1. Friday:
   - 7 p.m. – 8:30 p.m.: Meet and Greet W/ Dental Students (Snacks and Beverages Provided)

2. Saturday:
   - 7 – 8am: Registration and Breakfast w/ Coffee
   - 8 – 8:30 a.m.: Welcome Remarks (David Liberman ‘19)
   - 8:30 – 9:15 a.m.: Dental Anatomy and Cariology Lecture (Brent Valosin ’19)
   - 9:15 – 9:30 a.m.: Break
   - 9:30 –10:15 a.m.: Oral Pathology Lecture (Brian Carr ’19)
   - 10:15 – 10:30 a.m.: Break
   - 10:30 – 11:15 a.m.: Dental Specialties and Opportunities Lecture (David Liberman ’19)
   - 11:15am – Noon: Head & Neck Exam w/ Medical Emergency Responses (Alec Robin ’19)
   - Noon – 1:30 p.m.: Lunch with students
   - 1:30 – 5 p.m.: Simulation Lab Rotations: Taking Impressions, pouring casts, bleaching trays, operative exercises including drilling and filling teeth, and using our one-of-a-kind virtual reality Three-Dimensional MOOG Simodont Haptic Feedback Drilling Units

3. Sunday:
   - 8 – 9 a.m.: Breakfast
   - 9 – 10:30 a.m.: DAT Jeopardy
   - 10:30 a.m. – Noon Mock Interviews and Interview Help
   - Noon – 1:15 p.m.: Lunch with Q&A Panel
   - 1:15 – 1:30 p.m.: Closing Remarks

Contact person:
[Name] - [Email]